

Houston Congregate

Cycle 1, 2019 Final Menu

February

Friday 2/1/2019
Tuna Salad Potato Salad Marinated Carrots Saltine Crackers Oatmeal Cream Cookie Milk Diet - Same

Monday 2/4/2019	Tuesday 2/5/2019	Wednesday 2/6/2019	Thursday 2/7/2019	Friday 2/8/2019
Swiss Steak 🍷 Ranch Whipped Potatoes Green Beans with Onions Wheat Bread Fresh Fruit Milk Diet - Same	Chicken Piccata ☒ Pasta Florentine Country Tomatoes Whole Wheat Breadstick 🍷 Fresh Fruit Milk Diet - Same	Hamburger Patty Shredded Lettuce/Pickles Ranch Beans Hamburger Bun Apple Crisp 🍷 Milk Mustard and Ketchup Diet - Cinnamon Applesauce	Mexican Chicken Chili Parslied Rice Mixed Greens Cornbread Fresh Banana Milk Margarine Diet - Same	Vegetable Lasagna Broccoli Ginger Carrots Whole Wheat Breadstick Oatmeal Raisin Cookie Milk Diet - Cookie
Monday 2/11/2019	Tuesday 2/12/2019	Wednesday 2/13/2019	Thursday 2/14/2019	Friday 2/15/2019
Parmesan Chicken Breast 🍷 Macaroni and Cheese Italian Vegetables Whole Wheat Breadstick Fresh Fruit Milk Margarine Diet - Same	Meatloaf Brown Gravy Oven Roasted Potatoes Herbed Green Beans Wheat Roll 🍷 Pound Cake 🍷 Milk Diet - Cake	Smoked Sausage*+ Baked Beans Parslied Carrots Hot Dog Bun Fresh Banana Milk Mustard Diet - Same	Valentine's Day Lemon Chicken Mashed Spiced Yams California Vegetables Dinner Roll Strawberry Swirl Pudding Milk Diet - Vanilla Pudding	Breaded Fish Whole Kernel Corn Broccoli Hamburger Bun Fresh Fruit Milk Tartar Sauce Diet - Same
Monday 2/18/2019	Tuesday 2/19/2019	Wednesday 2/20/2019	Thursday 2/21/2019	Friday 2/22/2019
Salisbury Beef Onion Gravy Garlic Whipped Potatoes Mixed Vegetables Wheat Bread German Chocolate Cake 🍷 Milk Diet - Cake	Pulled Caesar Chicken ☒ Lemon Herb Pasta Mediterranean Vegetables Pita Bread Pineapple Pudding ☒ Milk Diet - Vanilla Pudding	Southwestern Stew ☒ Parslied Potatoes California Vegetables Saltine Crackers Fresh Banana Milk Diet - Same	Sausage with Red Beans*+ Cajun Rice Cabbage Cornbread White Cake Strawberry Frosting Milk 🎂 Margarine Diet - Cake	Tuscan Chicken Meatballs ☒ Peas and Carrots Italian Green Beans Wheat Roll 🍷 Fresh Fruit Milk Diet - Same
Monday 2/25/2019	Tuesday 2/26/2019	Wednesday 2/27/2019	Thursday 2/28/2019	
Rosemary Pork Chop+ 🍷 Parslied Rice Catalina Vegetables Wheat Bread Fresh Fruit Milk Diet - Same	Sloppy Joe Oven Roasted Potatoes Spring Vegetables Hamburger Bun Chocolate Chip Cookie Milk Diet - Cookie	Chicken Alfredo Ginger Carrots Stewed Tomatoes Wheat Bread Fresh Fruit Milk Diet - Same	Pork Carnitas+ Pinto Beans Fiesta Vegetables Flour Tortilla Fresh Banana Milk Diet - Same	

* - Turkey
+ - Pork
☒ - New Menu Item
🍷 - Upgraded Menu Item

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