

FORT BEND SENIORS' RESPIRE CENTER

Fort Bend Seniors Meals on Wheels introduces a new program for seniors citizens ages 60+ with a diagnosis of Alzheimer's or Dementia!



- Do you have a senior in the early-to-mid stages of Dementia or Alzheimer's living with you?
- Are you their caregiver?
- Do you need support and/or information?

This program could be for you. Contact us for more information!

We offer specially designed activities for eligible senior citizens and provide needed support and respite for caregivers.

**When: Tuesday and Thursday
9:30 a.m. - 12:30 p.m.**

**Where: Fort Bend Seniors
1330 Band Road
Rosenberg, TX 77471**

Activities Include:

Arts & Crafts

Music

Games

Exercises

Hot Meals

Support Group for Caregivers



**For more information, please contact
Jame Hedgemon, Program Care Worker
at 281-633-7749 or jame@fortbendseniors.org**