FOR IMMEDIATE RELEASE

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COMMUNITY LEADERS DELIVER MEALS TO OUR AREA SENIORS TO CELEBRATE THE 16TH ANNUAL MARCH FOR MEALS EVENT

ROSENBERG, Texas (March 21, 2018) – Fort Bend Seniors Meals on Wheels (FBS) participated in the 16th Annual March for Meals – a month-long, nationwide celebration initiated and sponsored by Meals on Wheels America. After packing up meals for their route and learning about the different services FBS offers to support aging seniors, our "Community Champions" hit the road to deliver meals and visit with seniors in Fort Bend County. The community leaders not only had the opportunity to give back to their community, but appreciated seeing first-hand the condition of seniors in their own neighborhoods and hearing from them the difference that Fort Bend Seniors Meals on Wheels has made in their lives.

"The support we provide the seniors of Fort Bend and Waller counties are critical – both for the seniors and the communities in which they live – and the need continues to grow as the population ages," said Manuela Arroyos, Chief Executive Officer of FBS. "Through their participation, the champions saw the difference a hot meal and a smile can make in the lives of area seniors, and ultimately how these services keep seniors living healthier at home and more connected to their community for as long as possible."

Community Champions Commissioner James Patterson (Pct. 4), Mandi Bronsell - representing Fort Bend County Commissioner Vincent Morales (Pct. 1), Matt Minor- Chief of Staff for Texas State Representative Phil Stephenson, Fort Bend County Constable Mike Beard (Pct. 1), and Deputies Chris Carlson and David Craven of the Fort Bend County Sheriff's Office, joined the celebration alongside FBS board members and fellow champions Ray Aguilar, Sugar Land Assistant Police Chief Eric Robins, Rick Forlano, Sandi McNeil, and Greg Schockling, by delivering meals to homebound seniors in our area.

Meals on Wheels of America has led the annual March for Meals campaign since 2002, in which hundreds of local Meals on Wheels programs, like FBS, go out to their communities with the help of local leaders, to build awareness of the state of senior hunger and isolation in their own neighborhoods. Through that awareness, these programs gain the additional support they need to deliver nutritious meals, friendly visits and safety checks to area seniors all year long.

Individuals or groups that are interested in supporting Fort Bend Seniors Meals on Wheels efforts – either by volunteering or through in-kind or financial contributions – can visit www.fortbendseniors.org or contact FBS at 281-633-7049.

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About Fort Bend Seniors Meals on Wheels
Fort Bend Seniors Meals on Wheels, a United Way Agency, is committed to helping seniors remain independent by enhancing their quality of life through services and resources. Fort Bend Seniors is qualified under section 501(c)(3) of the Internal Revenue Service Code as a non-profit corporation, and as such contributions are tax deductible to the fullest extent as allowed by law. For more information about Fort Bend Seniors Meals on Wheels, visit www.fortbendseniors.org.

About Meals on Wheels America
Meals on Wheels America is the oldest and largest national organization supporting the more than 5,000 community-based senior nutrition programs across the country that are dedicated to addressing senior hunger and isolation. This network exists in virtually every community in America and, along with more than two million volunteers, delivers the nutritious meals, friendly visits and safety checks that enable America's seniors to live nourished lives with independence and dignity. By providing funding, leadership, research, education and advocacy support, Meals on Wheels America empowers its local member programs to strengthen their communities, one senior at a time. For more information, or to find a Meals on Wheels provider near you, visit www.mealsonwheelsamerica.org.